Three Pillars
SENIOR LIVING COMMUNITIES

Dining Room Hours

Dining Room One:
Breakfast: 7:30 AM – 9:30 AM
Lunch: 11:30 – 1:30 PM
Dinner: 4:30 PM – 6:00 PM
Ext. 7188

Dining Room Three:
Breakfast: 7:30 AM – 9:30 AM
Lunch: 11:30 – 1:30 PM
Dinner: 4:30 PM – 6:00 PM
Ext. 7190

Compass Point Menu
November 9 – November 15, 2026

Beverages Always Available: Coffee | Hot Tea | 2% Milk | Assorted Juices

MONDAY November 9	TUESDAY November 10	WEDNESDAY November 11	THURSDAY November 12	FRIDAY November 13	SATURDAY November 14	SUNDAY November 15
Breakfast Bacon French Toast Fresh Fruit	***Breakfast*** Sausage Patty Denver Eggs Chilled Peaches Frosted Cinnamon Rolls	***Breakfast*** Bacon Hard Boiled Eggs Tropical Fruit Waffle	***Breakfast*** Sausage Link Fruit Cocktail Banana Nut Oatmeal Veggie Scrambled Eggs	***Breakfast*** Breakfast Ham Feta & Asparagus Scramble Mandarin Oranges Coffee Cake	***Breakfast*** Bacon Cheddar Scrambled Eggs Apple Sauce Kringle	***Breakfast*** Sausage Link Ham & Swiss Scramble Mandarin Oranges Donut Holes
Lunch Soup: Creamy 5 Onion Country Fried Steak *or* Pepperoni Pizza Melt Corn Mashed Potato Potato Chips Dessert: Ice Cream Sundaes	***Lunch*** Soup: Cabbage Roll Cheddar Sloppy Joe *or* Thai Chicken Salad Breadstick Chef's Vegetable Potato Wedges Dessert: Raspberry Cupcake	***Lunch*** Soup: Cream of Cauliflower Southwest Pork Quesadilla *or* Guiness Beef Stew Spanish Rice Herb Biscuit Dessert: Chocolate Cookies	***Lunch*** Soup: Garden Vegetable BBQ Rib Patty *or* Mushroom Ravioli Garlic Bread Onion Rings Dessert: Old Fashioned Bread Pudding	***Lunch*** Soup: Seafood Gumbo Veggie Quiche *or* Fish Tacos Blueberry Muffin Pineapple Salsa Cilantro Rice Dessert: Popsicles	***Lunch*** Soup: Steak Chowder Shredded Pork and Gravy Sandwich *or* Tri Salad Plate Sliced Fruit Cranberry Orange Muffin Potato Wedges Dessert: Pecan Pie Bars	***Lunch*** Soup: 10 Bean Corned Beef *or* Breaded Shrimp Red Potatoes Wild Rice Baby Carrot Dessert: Mixed Berry Pie
Dinner Starter: Soup or House Salad Cranberry Glazed Salmon *or* Chicken Pot Pie Wild Rice Cauliflower & Broccoli Upside Down Apple Pie	***Dinner*** Starter: Soup or Cucumber Beet Salad Breaded Pork Ribeye with Mushroom Gravy *or* Lemon Baked Cod Roasted Red Potatoes Acorn Squash Cilantro Rice Butterscotch Blondie Bars	***Dinner*** Starter: Soup or Maccaroni Salad Knockwurst & Red Cabbage *or* Chicken Chop Suey Jasmine Rice American Fries Cranberry-Walnut Pie	***Dinner*** Starter: Soup or Deviled Eggs Flat Iron Steak *or* Shrimp Caesar Salad Green Peas Baked Potato Roasted Mushrooms & Onions German Chocolate Cake	***Dinner*** Starter: Soup or Garden Salad Bacon Cheeseburger *or* Baked Haddock Broccoli Fingerling Potatoes French Fries French Silk Pie	***Dinner*** Starter: Soup or Taffy Grape Salad Open Faced Turkey *or* Crab Melt Mashed Potatoes Asparagus Dinner Rolls Potato Chips Black Forest Brownies	***Dinner*** Starter: Soup or Jello Salad Beef Stroganoff *or* BLT Wrap Egg Noodle California Vegetable Tater Tots Pineapple Upside Cake