

# BRAIN BREAKTHROUGHS

With Jen Graf – Senior Director of Cognitive Health



- Meets the third Monday of each month
- 11am - 12pm
- **Holz Pavilion Chapel**  
314 East Village Court, Dousman

Join us for Brain Breakthroughs, an in-person learning series where curiosity meets cutting-edge science. Led by Jen Graf, Senior Director of Cognitive Health, this group will highlight the latest research on the brain, cognitive wellness, psychology, and human behavior — presented in a clear and accessible way.

Designed for adults who love to learn, Brain Breakthroughs invites thoughtful discussion and questions as we explore what researchers are uncovering about how the mind works and changes over time.

## **FREE EVENT – OPEN TO THE PUBLIC**

Registration appreciated but not required.  
Residents can sign up via the portal.

## **Questions? Please contact Jen Graf**

Senior Director of Cognitive Health at 262.965.7133  
or [jgraf@threepillars.org](mailto:jgraf@threepillars.org).

