

# May 2026 CP - Compass Point

Room Guide: PT- Pavilion Theater C- Chapel LAR- Large Activity Room AL- Activity Loft PDR- Private Dining Room VOS- Village on the Square WC - Wellness Center

SUN	MON	TUE	WED	THU	FRI	SAT
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## UPCOMING Events

**6/1 Breakfast at Morning Crumbs, Mukwonago (Sign up by 5/29. Cost what you buy.)**

**6/2 Stackner Cabaret presents "George & Gracie" (Sign up by 5/18. Cost \$57. Max 10.)**

**7:45 & 9:45 Ride to St. Mary's Episcopal Church Service (Sign up by Sat. for ride)**

10:30 Church Service (C)



2:05 Ocon. Community

**Choir Concert at Congregational Church, Ocon. (Sign up by 4/30. Cost \$12. Volunteer driver.)**

6:00 Sheepshead (bring nickels)(Café)

**7:45 & 9:45 Ride to St. Mary's Episcopal Church Service (Sign up by Sat. for ride with volunteer.)**

10:30 Church Service (C)

**11:00 - 1:30 Mother's Day Buffet - Call Patrick for reservations until full at 7231 (VOS Dining Room)**

6:00 Sheepshead (bring nickels)(Café)



**6/4 Civic Theater presents "Native Gardens." (Sign up by 6/3. Cost \$11.)**

**6/5 Fireside presents "Million Dollar Quartet" (Sign up by 5/5. Cost \$82.50.)**

**9:30 Exercise Class (LAR) 10:00 Coffee Hour (AL)**

**10:00 NEW!! Living Well with Memory Loss Group (VOS-CR) 12:30 Core Strength and Balance Class with Courtney from Orange Shoe Fitness (VOS-CR)**

**1:30 Mother's Day Social & Fashions of the Civil War Era Presentation by The Historical Timekeepers (C) 3:00 TED Talks: Let's Teach Religion - all religion, in schools, Katie Clarke: More Than Agreeing to Disagree, 10 Ways the World Could End (Note time today.) (PT)**

**6:30 Movie Night - Netflix presents "The Giant Falls." - After abandonment, Julian returns and changes lives., (PT)**

**9:30 Exercise Class (LAR) 10:00 Coffee Hour (AL)**

**12:30 Core Strength & Balance w/ Orange Shoe Fitness-Free (VOS-CR) 1:00 Alzheimer's Caregiver Support Group (VOS-AC) 1:30 Let's Reminisce about our Mom's & Being a Mom for Mother's Day (LAR) 2:00 Rep Theater Season Premier Presentation with Rep - See new theater, look at upcoming events for year, and plan theater trips (PT) 2:45 Ice Cream Social with our friends at RSL-AL (sign up for a ride) 6:00 - 7:30 Tech Tutorial or Portal Help w/Bill Morris - Schedule appt (AC) 6:30 Movie Night - "Lefter: The Story of the Ordinarisus" (PT)**

**May Celebrates Older American's Month (OAM). Check calendar for special way's we're celebrating.**



**9:30 Exercise Class (LAR) 10:00 Coffee Hour (AL)**

**10:30 Champion Your Health Outdoor Fitness Challenge with Monica (Meet outside cafe or in CR if rain..) (Woods PAV) 12:30 Catholic Devotions (C) 12:45 - 1:45 Tech Help with OHS Students (Bring device for help-VOS) 1:00 Yarn Artists (Bar Area) 1:30 CP Resident Meeting & Social (LAR)**

**6:00 Bridge (Sign up by noon. Bring\$.15.) (AC) 6:30 Penny Bingo (LAR)**

**9:00 Shopping - Oconomowoc 9:30 Exercise Class (LAR)**

**9:30 Humphrey Lodge Meeting (VOS-CR) 10:00 Coffee Hour (AL) 10:00 Free Dockhounds vs. The Winnipeg Goldeyes Preseason Free Baseball Game in Baird Box - (Sign up by 5/8. Cost what you buy from lower level concessions. Guests invited if drive self.) 12:30 Catholic Devotions (C) 1:30 News & Views (LAR) 2:00 - 3:00 Dementia and Living Well- Documentary (PT) 6:00 Bridge (Sign up by noon. (AC) 6:30 Penny Bingo (LAR)**

**8 ways to champion your health:**

1. Stay physically active
2. Keep your brain active
3. Nourish your body
4. Foster social connections
5. Focus on safety & prevention
6. Advocate for yourself
7. Set personal wellness goals
8. Manage chronic conditions

**9:30 Exercise Class (LAR) 10:00 Coffee Hour (AL)**

**10:15 Bible Study (PDR) 12:30 Lobster Lunch (sign up by 5/1 to enjoy Lobster meal with friends at VOS-DR, Cost \$21 or \$10 after meal credit, \$4 to add soup/salad & dessert) 1:00 - 2:00 Cribbage (Bar Area) 1:30 Kings in the Corner Card Game (easy to learn)(LAR) 2:30 Transitions at Home Info Session - A new 3P partner provides overview of medical and non-medical home care services. (C) 5:30 Bible Study with Andy Holmes, Jerusalem Presbyterian Church following the Common Lectionary and optional dinner at 5:00. (C) 6:00 Sheepshead (bring nickels) (Café) 6:00 Movie Night: (LAR) 6:30 Quilters Group - No experience necessary. All welcome. (AL)**

**9:30 Exercise Class (LAR) 10:00 Coffee Hour (AL)**

**10:15 Bible Study with Father Eric (PDR) 11:30 CP Patio Picnic (sign up by 5/6 & select hot dog or burger-meal credit) (Patio) 1:00 - 2:00 Cribbage (Bar Area) 1:00 Sharon Wilson Center presents: "Valjean Cosette & A String Quartet." (Sign up by 4/15. Cost \$34. Max 10) 2:00 - 3:00 Jan Milella's 80th Birthday Party Open House (LAR) 6:00 Sheepshead (bring nickels) (Café) 6:30 Entertainment by "The Band" with sing along. (C)**

**9:30 Exercise Class (LAR) 10:00 Coffee Hour (AL)**

**6:00 Bridge (Sign up by noon.(AC)**

## May Birthdays

- 5-12 Ruthann Watts
- 5-13 Jan Milella
- 5-14 Julie Ardellini
- 5-23 Barb Pallan
- 5-27 Dorothy Barr-102!
- 5-27 Irene Joustra- 100!
- 5-28 Bill Wells
- 5-29 Louise Diodato



**9:30 Exercise Class (LAR) 10:00 Coffee Hour (AL)**

**10:30 "Let's Stretch!" with Monica (Ride pick up at 10:00am) (WC) 2:00 Theater Group presents VOS Variety Show and Skit" in celebration of Older American's Month- Enjoy music, singing, fun skits and happy hour play. (VOS-CR) 3:00 - 4:00 Effectively Communicating-Live Webinar by the Alzheimer's Association (C) 6:00 Bridge (Sign up by noon. Bring \$.15.) (AC)**

**9:30 Exercise Class (LAR) 10:00 Coffee Hour (AL)**

**10:30 - 11:00 "Let's Stretch!" with Monica (Ride pick up at 10:00am) (WC) 11:15 Lunch & Learn with Judge Derek Mosley: Unconscious Bias-knowing what you don't know (sign up for lunch by 5/7) (VOS-CR) 12:30 Program: Judge Derek Mosley: Unconscious Bias- knowing what you don't know (Only 1 program so all invited to attend.) (VOS-CR) 2:00 Zoom Bingo w/ MCHR (LAR) 3:00 Blend, Taste, Learn: Smoothie Recipes, Demo & Health Insights with Dietitian Celia (C) 6:00 Bridge (Sign up by noon.(AC)**

**9:30 Exercise Class (LAR) 10:00 Coffee Hour (AL)**

**6:00 Bridge (Sign up by noon.(AC)**

**9:30 Exercise Class (LAR) 10:00 Art Basics101 Class (VOS-AC)**

**10:00 Coffee Hour (AL) 10:50 Chinese Buffet at Chen's Kitchen, Mukwonago (Sign up by 4/30. Cost \$15 for buffet, soda, tip. No bar service available.)**

**1:30 Happy Hour & Entertainment with Jukebox Dave (C) 3:00 Bocce Ball (meet at courts by VOS C wing)**

**9:00 Art Student Idea Sharing - Students from Art Basics share ideas with each other. (VOS-AC)**

**9:30 Exercise Class (LAR) 9:30 Fireside presents "Hairspray (Sign up- by 4/8. Cost \$82.50) 10:00 Coffee Hour (AL) 10:50 Golden Lasers Lunch & Program (Sign up and pay \$8 cash or checks by 4/8.) Program: Fitness instructor demonstrates healthy stretches and activities to do from your chair. 1:30 Needle Felt May Day Blooms Workshop with Andrea - Make 6 inch hoop of flowers. See flyer posted,. Beginners welcome. (Sign up by 4/29. Cost \$20. Bring cash or check payable to Andrea Davenport.) (AC) 2:30 Zoom Bingo w/ MCHR (LAR) 3:00 Bocce Ball (VOS C wing courts)**

**9:30 Exercise Class (LAR) 10:00 Coffee Hour (AL)**

**10:30 Art Basics 101 Class (VOS-AC) 10:00 Coffee Hour (AL) 2:00 Special Older American's Month Blue Lagoon Happy Hour and Entertainment with Steve Watts. Serving pizza app for National Pizza Day! (Recommended wear blue attire.) (C)**

**3:00 Bocce Ball (VOS courts)**



**10:00 Coffee Hour (AL)**

**3:30 Catholic Mass at St. Bruno (Sign up by 1PM for ride with volunteer.)**

**6:00 Movie Night:(LAR)**



**10:00 Coffee Hour (AL)**

**1:30 Devotions with Pastor Terese (LAR) 3:30 Catholic Mass at St. Bruno (Sign up by 1PM for ride with volunteer.) 6:00 Movie Night:(LAR)**



**8:30 Humphrey Lodge Ladies Recognition Breakfast with speaker Kelly Miller, director of Philanthropy from Shriners Children's , Chicago.(For tickets contact Bill Bailey by 5/11 at 414-491-5345. Cost\$20.) All invited. (VOS-CR) 10:00 Coffee Hour (AL) 1:30 Devotions with Pastor Terese (LAR) 3:30 Catholic Mass at St. Bruno (Sign up by 1PM for ride with volunteer.) 6:00 Movie Night: (LAR)**

**10:00 Coffee Hour (AL)**

**6:00 Movie Night: (LAR)**

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**7:45 & 9:45 Ride to St. Mary's Episcopal Church Service (Sign up by Sat. for ride with volunteer.)** 17

10:30 Church Service (C)

6:00 Sheepshead (bring nickels) (Café)

**9:30 Exercise Class (LAR)** 18

10:00 Coffee Hour (AL)

11:00 Brain Breakthroughs (PT)

12:30 Core Strength and Balance Class (VOS-CR)

1:00 Book Club - Discuss "A Man Called Ove." (VOS-AC)

1:30 The Story of You: Building a (LAR Passions & Preferences Document

2:00 Caregivers Support Group (Café)

3:00 Master Gardener Cecelia Lorenz, SEWMG speaker, presents Lifelong Gardening - How to keep gardening as you age adapting tools, low mntc. plants body mechanics and much more. (PT)

6:30 Movie Night - Netflix presents "Eat, Pray, Bark" (PT)

**9:00 Shopping - Wales** 19

9:30 Exercise Class (LAR)

10:00 Coffee Hour (AL)

11:00 - 3:30 Manicures by Angela (sign up for 30 min. slot at Concierge) (LAR)

12:30 Catholic Devotions (C)

1:00 Yarn Artists (Bar Area)

1:30 News & Views (LAR)

6:00 Bridge (Sign up by noon. Bring \$.15.) (AC)

6:30 Penny Bingo (LAR)

**9:30 Exercise Class (LAR)** 20

10:00 Coffee Hour (AL)

10:15 Bible Study with Father Eric (PDR)

1:00 Cribbage (VOS Bar Area)

1:30 Crafts with Dawn (LAR)

2:00 St. Mary's Eucharist Service (C)

4:30 Happy Hour and Supper Club Dinner (Sign up by 5/13 with Concierge. Cost \$15 after meal credit.) (VOS-AC,CR)

6:00 Sheepshead (bring nickels) (Café)

6:00 Movie Night: (LAR)

**9:30 Exercise Class (LAR)** 21

10:00 Coffee Hour (AL)

10:30 - 11:00 "Let's Stretch!" with Monica (Ride pick up at 10:00am) (WC)

11:00 - 11:30 The Quiet Power of Flowers in Alzheimer's Care, Pre-recorded Webinar (VOS-AC)

1:30 Zoom Bingo w/ MCHR (LAR)

2:30 - 3:30 Ice Cream Social (C)

3:00 CP Dining Committee Meeting (Dining Room #2)

6:00 Bridge (Sign up by noon. Bring \$.15.) (AC)

**9:30 Exercise Class (LAR)** 22

10:00 Coffee Hour (AL)

11:00 - 12:00 Let's Talk Neurobics - Aerobics for the brain. (C)

12:00 - 12:45 "Panini Queen" Angela hosts Rory Bolton on Guitar for Lunch in Honor of Older American's Month. (Seats in cafe for diners only, others can sit in PAV to listen. Free will donations appreciated.) (Café)

1:30 Bean Bag Toss (LAR)

2:00 Woofie's Mobile Dog Grooming & other services info session and tour mobile groom van. -Come learn about way's to help care, groom, walk pet (C)

3:00 Gardening on the Patio (come help plant seeds & plants in raised beds)

**10:00 Coffee Hour (AL)** 23

1:30 Devotions with Pastor Terese (LAR)

3:30 Catholic Mass at St. Bruno (Sign up by 1PM for ride with volunteer.)

6:30 Movie Night:(LAR)

**7:45 & 9:45 Ride to St. Mary's Episcopal Church Service (Sign up by Sat. for ride with volunteer.)** 24

10:30 Church Service (C)

11:00 Memorial Day Program followed by Free Picnic at Cory Park in Dousman, hosted by The Legion- looking to get volunteer driver (sign up if interested in attending)

6:00 Sheepshead (bring nickels) (Café)

**HAPPY MEMORIAL DAY** 25

9:30 Exercise Class (LAR)

10:00 Coffee Hour (AL)

1:00 - 2:00 Rejuvenating the Aging Brain - Badger Talk by Betsy Quinlan, Professor/Chair of the Dept. of Neuroscience at the School of Medicine and Public Health at UW-Madison. Sponsored by the Brain Health Group. (PT)

2:30 Documentary: YouTube presents "Liberty & Slavery - The Paradox of America's Founding Fathers." (PT)

6:30 Movie Night - Netflix presents "India- Sweets & Spices" - heartfelt Comedy (PT)

**9:00 - 11:00 Humphrey Lodge Social (for Lodge members and invited guests.)** 26

(VOS-AC)

9:30 Exercise Class ((LAR)

10:00 Coffee Hour (AL)

12:30 Catholic Devotions (C)

1:00 Shopping -Oconomowoc

1:30 News & Views (LAR)

6:00 Bridge (Sign up by noon. Bring \$.15.) (AC)

6:30 Penny Bingo (LAR)

**9:30 Exercise Class (LAR)** 27

10:00 Coffee Hour (AL)

10:15 Bible Study with Father Eric (PDR)

1:00 Cribbage (VOS Bar Area)

2:00 May Birthday Party w/ Music by David Adler (come celebrate- Dorothy turns 102 and Irene turns 100 today) (LAR)

3:50 SASS (Sip 'n Sup'in Seniors) return to Iron Ridge Restaurant (Prime rib special. Sign up by 5/22. Cost what you buy.)

6:00 Sheepshead (bring nickels) (Café)

6:00 Movie Night: (LAR)

**9:30 Exercise Class (LAR)** 28

10:00 Coffee Hour (AL)

10:30 "Let's Stretch!" w/ Monica (Ride pick up at 10:00am) (WC)

1:00 Green Thumb Garden Meeting (VOS-AC)

2:00 - 3:30 Activities Showcase - Learn about reoccurring activities, programs, services and wellness options plus ice cream bars! (C)

6:00 - 7:30 Alzheimer's Caregiver Support Group (C)

6:30 CP Evening Patio Social w/ Music by Essentially Brass Band (Patio)

**9:30 Exercise Class (LAR)** 29

10:00 Coffee Hour (AL)

10:50 Fish Fry at Farmington Inn, Helenville (2 or 3 pc. fried or baked cod for \$10 - 14. or order off menu. CASH only.)

12:00 - 1:00 Brain Energy Upgrade: Think Faster, Zoom with Dr. Braun-\$10 charge (PT)

1:30 Zoom Bingo w/ MCHR (LAR)

**10:00 Coffee Hour (AL)** 30

1:30 Devotions with Pastor Terese (LAR)

3:30 Catholic Mass at St. Bruno (Sign up by 1PM for ride with volunteer.)

6:30 Movie Night:(LAR)

**7:45 & 9:45 Ride to St. Mary's Episcopal Church Service (Sign up by Sat. for ride with volunteer.)** 31

10:30 Church Service (C)

6:00 Sheepshead (bring nickels) (Café)

**Schedule A Tri Shaw ride this spring. See Concierge or Lifestyles for dates to book your fun ride! Go alone or with a friend or family!**

**Walking Club Interest? Would you enjoy going for an outdoor walk with friends- let Lifestyles know as we look to start a walking club for those that prefer to walk with others.**

**Do you enjoy Gardening? Join us on 5/22 to help us plant seeds & plants in our rased beds on the patio. All produce will be for all to enjoy and use!**

**Concerts in the Park**

These are our scheduled Concerts in the Park:

- Sun., 6/28 with Swing Explosion Band

- Sat., 7/25 with Palmyra Eagle Community Band
- Fri., 7/31 with Thunder after Lightning
- Sat., 8/8 with Waunakee Big Band

These concerts will be at 1:30 in the Woods PAV and shuttle transport will be available.