



Living Well with Memory Loss

Brain Health Group

With Jen Graf, Senior Director of Cognitive Health

- **Meets the first Monday of each month**
- **10 - 11am**
- **Holz Pavilion Chapel**
314 East Village Court, Dousman

This is a welcoming, lighthearted group for anyone experiencing memory changes—whether you have a formal diagnosis or simply notice the everyday forgetfulness that can come with aging. It's a judgment-free space where you're encouraged to bring your questions, concerns, and anything that's on your mind.

See Jen's monthly "Cognitive Initiative Flyer" for details on the monthly topic.

FREE EVENT - OPEN TO THE PUBLIC

Registration appreciated but not required.
Residents can sign up via the portal.

Questions? Please contact Jen Graf

Senior Director of Cognitive Health at 262.965.7133 or
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