



Living Well with Memory Loss

Brain Health Group

With Jen Graf, Senior Director of Cognitive Health

Monday, April 6 | 10 - 11am

Holz Pavilion Theater | 314 East Village Court, Dousman

This is a welcoming, lighthearted group for anyone experiencing memory changes—whether you have a formal diagnosis or simply notice the everyday forgetfulness that can come with aging. It's a judgment-free space where you're encouraged to bring your questions, concerns, and anything that's on your mind. This month, we'll also dive into fun and practical tips and tricks for remembering people's names as we continue exploring ways to live well with memory loss.

FREE EVENT - OPEN TO THE PUBLIC

Registration appreciated but not required.
Residents can sign up via the portal.

Questions? Please contact Jen Graf

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jgraf@threepillars.org.

