

Week Two

	Monday 2/9	Tuesday 2/10	Wednesday 2/11	Thursday 2/12	Friday 2/13	Saturday 2/14	Sunday 2/15
Three Pillars Senior Living Communities	Breakfast						
	Cranberry, Apple, Orange Juice						
	Malt O Meal	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat
	Cranberry Orange Muffin	Sausage Link	Assorted Bagels and Cream Cheese	Glazed Chocolate Donut	Kringle	Waffles w/ Strawberry Sauce	Scrambled Eggs benedict
	Chilled Pears	Mandarin Oranges	Apricots	Fruit Cocktail	Chilled Peaches	Banana	Chilled Pineapple
	Yogurt						
	Pancakes or French Toast						
	Poached, Scrambled or Fried Eggs						
	White or Wheat toast						
	Raisin Bran, Frosted Flakes Honey Nut Cheerios Rice Krispies						
	Lunch						
	Hard Boiled Egg	Cheese Spread w/ Crackers	Mandarin Orange Fluff	Blue Jello	Chopped Salad w/ Ranch	Cottage Cheese w/ Blueberries	Apple Slices & Caramel
Swedish Meatballs	Ham Casserole w/ Broccoli & Rice	Salisbury Steak	Spaghetti w/ Meatsauce	Baked Lemon Herb Whitefish	Grilled Pork Chops w/ Gravy	Beef Tips w/ Gravy	
Egg Noodles	Green beans	Baked Potato	French Roll	Mac n Cheese	Herb Stuffing	Brussel Sprouts	
Roasted Cauliflower	Garlic Breadstick	Buttered Corn	Broccoli	Buttered Peas	Roasted Vegetable Blend	Mashed Potatoes	
Sherbet	Boston Cream Pie	Dutch Apple Cake	Blonde Bars	Peach Pie with Whipped cream	Valentines Day Cupcake	Banana Cake	
--- Entrée Two ---	--- Entrée Two ---	--- Entrée Two ---	--- Entrée Two ---	--- Entrée Two ---	--- Entrée Two ---	--- Entrée Two ---	
Pepperoni, Mushroom & Onion Pizza	Chicken Marsala	Baked Haddock w/ Garlic Butter	Loaded Baked Potato	Chicken Tenders	Turkey Noodle Casserole	Shrimp Alfredo	
Roasted Cauliflower	Green Beans	Baked Potato	French Roll	Mac n Cheese	Herb Stuffing	Brussel Sprouts	
Antipasto Salad	Garlic Breadstick	Buttered Corn	Broccoli	Buttered Peas	Roasted Vegetable Blend	Buttered Pasta	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
Tomato Bisque Soup	Turkey Noodle Soup	Mulligatawny	French Onion Soup	Roasted Corn Chowder	Chicken Pot Pie Soup	Beef Vegetable Soup	
Roasted Pork Loin w/ Gravy	Stuffed Peppers	Smoked Turkey ,Cheddar and Bacon on Croissant	Cranberry Almond Chicken Salad w/ Crackers	Summer Sausage and Provolone Sandwich	Egg Salad Sandwich	Orange Chicken	
Buttered Potato Dumplings	Sweet Potato Vegetable Blend	Baked Beans	Steamed Carrot Coins	Avacado Salad	Creamed Corn	Fried Rice	
Cole Slaw	Sweet Dark Cherries	Corn Chips	German Potato Salad	Warm Applesauce	Sunchips	Roasted Zucchini	
Sherbet, Ice Cream or Cookie	Sherbet, Ice Cream or Cookie	Sherbet, Ice Cream or Cookie	Sherbet, Ice Cream or Cookie	Sherbet, Ice Cream or Cookie	Sherbet, Ice Cream or Cookie	Sherbet, Ice Cream or Cookie	
--- Entrée Two ---	--- Entrée Two ---	--- Entrée Two ---	--- Entrée Two ---	--- Entrée Two ---	--- Entrée Two ---	--- Entrée Two ---	
Grilled Cheese	Deli Corned Beef and Swiss on Rye	Corn Dog	Meatloaf Sandwich w/ Grilled onions	3-Cheese Omelet	Smoked Sausage and Cheddar on a Bun	Pork Egg Rolls	
Cole Slaw	Sweet Potato Vegetable Blend	Baked Beans	Steamed Carrot Coins	Hashbrowns	Creamed Corn	Fried Rice	
Buttered Potato Dumplings	Sweet Dark Cherries	Corn Chips	German Potato Salad	Warm Applesauce	Sunchips	Roasted Zucchini	

Menu subject to change based on availability.