



YOU'RE NOT ALONE!

Connect With Others Who Have a Movement Disorder

THE MOVEMENT DISORDER GROUP



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Three Pillars is pleased to offer a Movement Disorder Group for those experiencing Parkinson's disease, Tourette's, dystonia, essential tremor, restless leg syndrome, multiple sclerosis, or other movement disorders and their caregivers. New members are always welcome!

- Meets the fourth Friday of each month
- 11am - 12pm
- Village on the Square—Community Room
314 East Village Court, Dousman

It is our hope, through this group, participants will find connections with others and learn how to improve their lives through education about diseases, treatment, and lifestyle choices that can impact progression.

Get info on these resources and more at
threepillars.org/cognitive-health-initiatives-support/