

# January 2023 VOS - Village on the Square

Room Guide: PT- Pavilion Theater AC - Activity Center I - Library JJ - Java Junction TV&B Television & Bar Area CR -Community Room P - Pavilion WC - Wellness Center


SUN	MON	TUE	WED	THU	FRI	SAT
<p><b>1</b></p>  <p>10:30 Church Services - Masks are REQUIRED. (C)</p>	<p><b>2</b></p>  <p>10:00 Coffee Social (L)</p> <p>2:30 Movie Matinee: Come down and group selects movie from choice of 3.(PT)</p> <p>7:00 Movie Night: "Harry &amp; Meghan" Docseries by Netflix - Episode 1 &amp; 2 (PT)</p>	<p><b>3</b></p> <p>9:15 Shopping - Wales</p> <p>10:00 Catholic Mass at MCHR (Sign up for ride)</p> <p>10:00 Coffee Social (L)</p> <p>10:30 Strong with Zach (CR)</p> <p>1:00 Bible Study with Louise Diodato (C)</p> <p>1:00 Knit &amp; Crochet (Bar Area)</p> <p>2:00 Topic : "What makes the generations different. Are you part of the Greatest Generation, the Silent Generation or the Baby Boomers?" (AC)</p> <p>3:15 Bags - Come play or cheer teams! (Sign up by noon.) (CR)</p> <p>6:15 Bridge (Bring \$.15. (AC)</p>	<p><b>4</b></p> <p>10:00 Coffee Social (L)</p> <p>10:15 Bible Study with Gene Hein (LAR)</p> <p>11:00 Breathing &amp; Slow Movement Class with Janet (CR)</p>  <p>2:00 Hobby Social : Bring your knitting or whatever, or join us to color picture and sip hot chocolate. (AC)</p>	<p><b>5</b></p> <p>9:30 2D/3D Multimedia Art Class (AC)</p> <p>10:00 Coffee Social (L)</p> <p>10:30 Strong with Zach (CR)</p> <p>1:00 Great Courses - New Course "Optimizing Brain Fitness" - Wk. 1 How Your Brain Works &amp; Changes.(PT)</p> <p>3:30 - 4:15 Yoga - Mind, Body, Breath taught by Janet Golownia, C-IAYT yoga therapist (\$5) (WC)</p> <p>6:15 Bridge (Bring \$.15 to play.) (AC)</p>	<p><b>6</b></p> <p>10:00 Coffee Social (L)</p> <p>12:45 Catholic Devotions (C)</p>  <p>1:30 Happy Hour &amp; Entertainment by Musical Moments with Carole and Tom (C)</p> <p>6:00 Dominoes (Bring \$.50 to play.) (L)</p>	<p><b>7</b></p>  <p>10:00 Coffee Social (L)</p> <p>3:30 Catholic Mass at St. Bruno (Sign up by noon.)</p>
<p><b>8</b></p>  <p>10:30 Church Services &amp; Communion -Masks are REQUIRED. (C)</p>	<p><b>9</b></p> <p>10:00 Coffee Social (L)</p> <p>10:30 Activity Comm. Mtg. (AC)</p> <p>1:15 Portal &amp; Tech Help with OHS Students - Bring your own device. Review portal aor questions. (JJ) and find information. (JJ)</p> <p>2:00 The Wild and Cultivated Foods Program - Pink TeePee Farms - FREE (AC)</p> <p>4:45 SASS dine at Zins in Delafield (Sign up by 1/6. Cost what you buy. Steak special)</p> <p>7:00 Movie Night: "Harry &amp; Meghan" Docseries by Netflix Episode 3 &amp; 4 (PT)</p>	<p><b>10</b></p> <p>9:15 Shpping - Ocon</p> <p>9:30 Humphrey Lodge Mtg. (CR)</p> <p>10:00 Coffee Social (L)</p> <p>10:00 Dining Com. Mtg. (TV &amp; B)</p> <p>10:30 Strong with Zach (CR)</p> <p>12:00 Marcus Movie (Movies to be posted weekbefore. Sign up by 11 AM Monday. Cost \$5.25)</p> <p>1:00 Bible Study with Louise (C)</p> <p>2:00 Family Feud - Bring \$.50 for prizes. (AC)</p> <p>3:15 Bags - Come play or cheer teams! (Sign up by noon.) (CR)</p> <p>6:15 Bridge (Bring \$.15 to play.) (AC)</p>	<p><b>11</b></p> <p>10:00 Coffee Social (L)</p> <p>10:00 NEW CLASS : Stable &amp; Strong Exercise with Janet (CR)</p> <p>10:15 Bible Study with Gene Hein (LAR)</p>  <p>11:15 Lunch at Olive Garden, Delafield (Sign up by 1/9. Cost what you buy.)</p> <p>2:00 Table Topic - Question cards prompt discussion. (AC)</p>	<p><b>12</b></p> <p>8:00 Maintenance Mtg. (AC)</p> <p>9:30 2D/3D Multimedia Art Class (AC)</p> <p>10:00 Coffee Social (L)</p> <p>10:00 Heritage Foods Class - Perfect Pretzels - It's "Try it Thursday!" (WC)</p> <p>10:30 Strong with Zach (CR)</p> <p>11:30 Lunch &amp; Learn: Michael Rehberg from Black Point Estates presents "Sordid &amp; Scandalous Lake Geneva" (Sign up by 1/5. Cost \$11.) (CR,Dining Room)</p> <p>2:00 Repeat of "Sordid &amp; Scandalous Lake Geneva" by Michael (PT)</p> <p>3:30 Yoga - Mind, Body, Breath taught by Janet Golownia, C-IAYT yoga therapist (\$5) (WC)</p> <p>6:15 Bridge (Bring \$.15 to play.) (AC)</p>	<p><b>13</b></p> <p>10:00 Art Class (AC)</p> <p>10:00 Coffee Social (L)</p> <p>11:00 Golden Lasers (Sign up by 1/10 with \$7 payment. Cash or checks payable to Golden Lasers.)</p> <p>12:45 Catholic Devotions (C)</p> <p>3:00 Bags for Fun - Come play bags/corn hole and enjoy a fun Friday. All welcome. (CR)</p> <p>6:00 Dominoes (Bring \$.50 to play.) (L)</p>	<p><b>14</b></p>  <p>10:00 Coffee Social (L)</p> <p>3:30 Catholic Mass at St. Bruno (Sign up by noon.)</p>
<p><b>15</b></p>  <p>10:30 Church Services - Masks are REQUIRED. (C)</p>	<p><b>16</b></p> <p>10:00 Coffee Social (L)</p> <p>1:00 Book Club - Discuss "Harlem Shuffle" (AC)</p> <p>1:00 Green Thumb Club Meeting - Alicia Brunk from Genesee Lake School -- Bouquet Gardens (CR)</p> <p>1:15 Portal &amp; Tech Help with OHS Students - Bring device. Review how to use portal and your questions. (JJ)</p> <p>2:00 Caregivers Support Group (C)</p> <p>2:00 The Wild and Cultivated Foods Program - Pink TeePee Farms (AC)</p> <p>3:00 New Bus Christening &amp; Celebration (C)</p> <p>7:00 Movie Night: "Harry &amp; Meghan" Docseries by Netflix (Episode 5 &amp; 6) (PT)</p>	<p><b>17</b></p> <p>9:15 Shopping Wales</p> <p>10:00 Coffee Social (L)</p> <p>10:30 Strong with Zach (CR)</p> <p>11:00 Lutheran Church Service (C)</p> <p>1:00 Bible Study with Louise Diodato (C)</p> <p>1:00 Knit &amp; Crochet (Bar Area)</p> <p>2:00 Team Trivia - Bring \$.50 for prizes. (AC)</p> <p>3:15 Bags - Come play or cheer teams! (Sign up by noon.) (CR)</p> <p>6:15 Bridge (Bring \$.15 to play.) (AC)</p>	<p><b>18</b></p> <p>10:00 Coffee Social (L)</p> <p>10:15 Bible Study with Gene Hein (LAR)</p> <p>11:00 Breathing &amp; Slow Movement with Janet (CR)</p> <p>1:00 Chaplain Chat with Pastor Terese (C)</p> <p>2:00 St. Mary's Eucharist Service (C)</p> <p>4:30 Happy Hour and Super Club (Sign up by tables in JJ by 1/11. Cost \$15 &amp; donations for cocktails.)(CR,Dining Room)</p> <p>6:30 Entertainment and Sing along with "The Band" (C)</p>	<p><b>19</b></p> <p>9:30 Resident Council Meeting (AC)</p> <p>10:00 Coffee Social (L)</p> <p>10:00 Heritage Foods Class - Beautiful Bagels- "Try- it" Thurs. WC)</p> <p>10:30 Strong with Zach (CR)</p> <p>2:00 Golden Club Social with entertainment by Tapestry. (All aged 90+ are invited to come. Bring your Golden Mug.) (C)</p> <p>3:30 Yoga - Mind, Body, Breath taught by Janet Golownia, C-IAYT yoga therapist (\$5) (WC)</p> <p>6:15 Bridge (Bring \$.15 to play.) (AC)</p>	<p><b>20</b></p> <p>9:45 Visit the Oconomowoc Court and Tour Police Station</p> <p>Lunch at Lake House Cafe, Oconomowoc (Sign up by 1/18. Cost what you buy.)</p> <p>10:00 Art Class (AC)</p> <p>10:00 Coffee Social (L)</p> <p>12:45 Catholic Devotions (C)</p> <p>2:00 Alternative Foods Class - Comfort Food: Healthy! (\$10) (WC)</p> <p>3:00 Travelogue:YouTube presents: 25 greatest Natural Wonders of the World &amp; 25 Most Beautiful Destinations in America by Touropia (PT)</p> <p>6:00 Dominoes (Bring \$.50 to play.) (L)</p>	<p><b>21</b></p>  <p>10:00 Coffee Social (L)</p> <p>3:30 Catholic Mass at St. Bruno (Sign up by noon.)</p>

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SUN	MON	TUE	WED	THU	FRI	SAT
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**10:30 Church Services - Masks are REQUIRED. (C)** **22**



**10:00 Coffee Social (L)** **23**  
**12:00 - 1:00 Chef Trevor - Culinary Class - Soups and Stews! Cost: \$15 (2 Classes Available. WC)**  
**1:15 Portal & Tech Help with OHS Students - Bring your own device. Review how to use portal or any questions. (JJ)**  
**2:00 - 3:00 The Wild and Cultivated Foods Program - Pink TeePee Farms - FREE (AC)**  
**2:30 - 3:30 Chef Trevor - Culinary Class -Soups and Stews! Cost: \$15 (2 Classes Avail. WC)**  
**3:00 Documentary: Human: The World Within by Netflix. Episodes: React - how brain reacts & Pulse - how heart powers body in all circumstances. (52 min. each.) (PT)**  
**7:00 Movie Night: Netflix presents "The Best of Me" (PT)**

**9:15 Shopping - Ocon.** **24**  
**10:00 Coffee Social (L)**  
**10:30 Strong with Zach (CR)**  
**1:00 Bible Study with Louise Diodato (C)**



**2:00 Sharing Memories with Vera (Sign up by 10 am appreciated. Bring a sentimental or historic/ heritage item to share if you like) (AC)**  
**3:15 Bags - Come play or cheer teams! (Sign up by noon.) (CR)**  
**6:15 Bridge (Bring \$.15 to play.) (AC)**


**10:00 Coffee Social (L)** **25**  
**10:15 Bible Study with Gene Hein (LAR)**  
**11:00 NEW CLASS: Stable & Strong Exercise with Janet (CR)**



**2:00 Village Views (CR)**

**9:30 2D/3D Multimedia Art Class (AC)** **26**  
**10:00 Coffee Social (L)**  
**10:30 Strong with Zach (CR)**  
**1:00 Great Courses - Topics: Care & Feeding the Brain, Creativity & The Playful Brain. (PT)**  
**2:30 - 3:30 Ice Cream Social (C)**  
**3:30 - 4:15 Yoga - Mind, Body, Breath taught by Janet Golownia, C-IAYT yoga therapist (\$5) (WC)**  
**5:00 Mania - The ABBA Tribute Concert at Pabst Theater(Cost \$67 plus possible dinner beforehand. Sign up by 1/5.)**  
**6:15 Bridge (Bring \$.15 to play.) (AC)**

**10:00 Art Class (AC)** **27**  
**10:00 Coffee Social (L)**  
**12:45 Cathoic Devotions (C)**




**Tom Stanfield**  
*piano trumpet vocals*

**2:00 Entertainment by Tom Stanfield (C)**  
**4:15 Fish Fry-day at Finns (Sign up by 1/25. Cost what you buy.)**  
**6:00 Dominoes (Bring \$.50 to play.) (L)**


**SATURDAY**  
**THE BEST SATURDAY PLANS ALWAYS START WITH COFFEE**

**10:00 Coffee Social (L)**  
**3:30 Catholic Mass at St. Bruno (Sign up by noon.)**

**10:30 Church Services - Masks are REQUIRED. (C)** **29**




**10:00 Coffee Social (L)** **30**  
**1:15 Portal & Tech Help with OHS students - Bring your own device. Review how to use portal and kiosk to sign up and find information. (JJ)**  
**2:00 - 3:00 The Wild and Cultivated Foods Program - Pink TeePee Farms - FREE (AC)**



**3:15 Music Review with Jim Bonewald (PT)**  
**7:00 Movie Night: "Hampstead" by Netflix with Diane Keaton (PT)**

**9:15 Shopping - Wales** **31**  
**10:00 Coffee Social (L)**  
**10:30 Strong with Zach (CR)**  
**1:00 Bible Study with Louise Diodato (C)**



**2:00 TED Talks; Topics "Refugee crisis is a test of our character, Colorful shapeshifting wonder of the Amazon's Praying Mantises, Transformative power of classical music." (PT)**  
**3:15 Bags - Come play or cheer teams! (Sign up by noon.) (CR)**  
**6:15 Bridge (Bring \$.15 to play.) (AC)**

**UPCOMING EVENTS**

**2/2 Waukesha Civic Theater presents "Always a Bridesmaid." (Sign up by 2/1.)**

**2/9 Lunch & Learn - Ellie presents "The Rich and Romantic History of Valentines" includes making a valentine. (Sign up by 2/2. Cost \$15.)**



**THIS YEAR I WANT TO FOCUS MORE ON MY *peace* THAN ON MY *pace*.**

**Hello January**

**J**ourney of a thousand miles  
**A**lways starts somewhere.  
**N**othing will be achieved  
**U**nless you take  
**A**ction. Momentum plus  
**R**epeated efforts will take  
**Y**ou further than expected

*I would lose weight for my New Year's resolution, but I hate losing.*

**2023**  
 HAPPY NEW YEAR

**May all your troubles last as long as your New Year's resolutions.**

A new year is not just about starting something new. It's also about putting the past behind along with the tears, triumphs, and regrets. It's about clearing up mental space for new adventures and knowledge. So be an empty cup and fill it with gold.