

SUN	MON	TUE	WED	THU	FRI	SAT
<p><b>Up &amp; Coming Events</b></p> <p>October is Active Aging Month! Check bulletin board for helpful info. KM Students Tech Help - check bulletin board, TV, or portal digital calendar for dates and times to come.</p>	<p>November 2 - Christmas Fantasy House Tour, sponsored by Ronald McDonald House. Sign up by 10/25. Cost \$20.</p>	<p>November 18 - Lunch &amp; Learn Terry Kutz as "Dr. Ben Franklin" Sign up by 11/11. Cost \$9.</p>	<p>December 8 - Fireside Presents "Holiday Inn" Sign up by 11/8. Cost \$74.</p>	<p>Sunday, December 12 - Christmas Stars In Appleton, Xavier Theater Sign up by 10/25. Cost \$18 plus lunch.</p>	<p>10:00 -Art Class (AC) 10:00 -Coffee Social (L) 11:00 -Strong with Dawn (35min) Balance and Standing Strength (CR) 1:00 -Catholic Devotions (New time) (C) <b>1:30 -Forest Bathing on the Patio (Patio)</b> 2:00 -Travelogue with Nettie &amp; Walt - New Guinea- Then &amp; Now (PT)  <b>4:30 -Friday Night Fish Fry at Black Frog, Sullivan (Cost \$13)</b> 7:00 -Dominos (Bring \$.50 to play) (L)</p>	<p>10:00 -Coffee Social (L) 1:00 -Rap Poker (L)  <b>3:30 -Catholic Mass at St. Bruno</b></p>
<p><b>3</b> 10:30 -Church Services (C)</p>	<p><b>4</b> 9:45 -Moving Easy with Dawn (30 min) (CR) 10:00 -Coffee Social (L) 10:30 -Strong with Dawn (30 min) (CR)  11:00 -15-20 (min) Fall Prevention Follow-up Meeting and Discussion - Challenge (CR) <b>2:00 -Bridge (AL)</b>  2:00 -Caregivers Support Group (C) 3:00 -Documentary: "World's Greatest Dogs" by Disney (PT) 5:30 -Theater Group (Looking for skits to perform if anyone has contacts. See Nettie or Diane.) (Café)  7:00 -Mvbie Night: "Feel the Beat" by Netflix (C,PT)</p>	<p><b>5</b> 9:00 -Flu Shots 9 - 12 (CR) <b>9:15 -Shopping - Oconomowoc</b> <b>10:00 -Catholic Mass at MCHR (Sign up with concierge/ transportation if need ride to MCHR) (Dining Room)</b> 10:00 -Coffee Social (L) 1:00 -Bible Study with Louise Diodato (C)  1:00 -Knit &amp; Crochet (Bar Area) 2:00 -Table Talk - Topic : "The Aging Brain" (Room change today to CR)  <b>3:15 -Bocce Ball (Sign up by 9 AM so know for court set up.)</b>  <b>6:15 -Bridge (Bring \$.15 to play. Room change to TV&amp;B)</b></p>	<p><b>6</b> 9:45 -Moving Easy with Shayla (30 min) (CR) 10:00 -Coffee Social (L) 10:15 -Bible Study with Gene Hein (LAR) 11:00 -Yoga Therapy Chair Class w/ Janet *new class until 11:40AM (CR)  1:00 -Newsletter Committee Mtg. (L)  1:30 -Drumming with Gary Huber, Heartbeat Drums (Come drum and feel the benefits. Great time and laughs too. (C)  <b>4:00 -Gleam Light Exhibit at Olbrich Gardens, Madison &amp; Dinner Cost \$16 plus dinner.)</b></p>	<p><b>7</b> 9:45 -Moving Easy with Shayla (30 min) (CR)  10:00 -2D/3D Multimedia Art Class (Room change today to Chapel. Date and time of class each week will change. TBD)  10:00 -Coffee Social (L) 10:30 -Strong w/ Shayla (35 min) (CR)  2:30 -Ice Cream Social (C)  <b>6:15 -Bridge (Bring \$.15 to play. Room change to TV&amp;B.)</b>  7:00 -OES Meeting (Last meeting at 3P) (CR)</p>	<p><b>8</b> 10:00 -Art Class (AC)  10:00 -Coffee Social (L)  1:00 -Catholic Devotions (New time)(C)  <b>2:00 - Entertainment w/ Comedian Tyler Fowler (C)</b>  7:00 -Dominos (Bring \$.50 to play) (L)</p>	<p><b>9</b> 8:30-11 - Resident Volunteer with Campus/ Woods Clean Up (Contact Larry Nines if interested. 262-542-0830. Flexible time when you can help.)  10:00 -Coffee Social (L) 1:00 -Rap Poker (L)  <b>3:30 -Catholic Mass at St. Bruno</b></p>
<p><b>10</b> 10:30 -Church Services (C)</p>	<p><b>11</b> 10:00 -Coffee Social (L)  10:30 -Activity Committee Meeting (AC)  <b>12:30 -Trimborn Farm Tour in Greendale by WI Historical Society (Cost \$10. Limited accessibility.)</b>  <b>2:00 -Bridge (AL)</b>  6:30 -Campfire and Entertainment by Dobie, the Concertina (If too cold or rain, move to AC.) (Patio)</p>	<p><b>12</b> <b>9:15 -Shopping - Wales</b> <b>9:30 -Humphrey Lodge Meeting (CR)</b> 9:45 -Movement w/Shayla (40 min) (C) 10:00 -Coffee Social (L) 10:00 -Dining Committee Mtg. (AC) 11:00 -Lutheran Church Service (Date change this month.) (C) 1:00 -Bible Study w/Louise <b>1:30 -2 on Tuesday at St. John's - Topic: Orthodox Church / Other Christian Denominations.</b> 2:00 -Family Feud - Bring \$.50 for prizes. (AC) <b>4:30 -Supper Clubbers - NEW monthly outing to supper clubs. Dinner at Diamond Jim's Steakhouse, Hales Corner (Cost what you buy.)</b> <b>6:15 -Bridge (Bring \$.15 to play.) (AC)</b></p>	<p><b>13</b> 10:00 -Coffee Social (L) 10:00 -Pick-n-Save Orders Due 10:15 -Bible Study with Gene Hein (LAR)  10:30 -Music &amp; Movement with Dianne T. (45 min) (CR)  <b>12:30 -Paradise Springs Walk with Dawn Mans and Diane</b>  2:00 -Table Topic - Question cards prompt discussion. (AC)  4:00 -Olbrich Gleam Lights (Alternate date if cancel 10/6, Cost \$16. plus dinner.)</p>	<p><b>14</b> Grocery Delivery - Will call when groceries arrive for p/u. 8:00 -Maintenance Cttee Mtg. (AC) 9:00 -Strong w/ Dawn (30 min) (CR) 10:00 -2D/3D Multimedia Art Class (Room change today to Chapel. Date/ time of class each week will change. TBD) 10:00 -Coffee Social (L) <b>11:15 -Lunch &amp; Learn - Steve Person presenting "Victorian Undertaker" (CR,Dining Room)</b> 2:00 -Repeat of Victorian Undertaker presentation (Note in CR) 3:00 -Trekkng Practice (Bring your poles) (30 min) (outdoors) (Patio) <b>6:15 -Bridge (Bring \$.15 to play.) (AC)</b></p>	<p><b>15</b> 9:00 -Strong w/ Dawn (40 min) (CR) 10:00 -Art Class (AC) 10:00 -Coffee Social (L) 10:00 -Tai chi video w/ Dawn (seated or standing options) (30 min) (CR) 11:00 -Scenic drive and Lunch at Milford Hills, Johnson Creek (Cost what you buy.) 1:00 -Catholic Devotions (New time) (C) 2:00 -Trekkng Practice Indoors (bring your poles) (30min) (CR) <b>2:00 -Friday Fun Day Celebrating Active Aging Month (Patio/ grassy area or indoors if inclement weather.)</b> 7:00 -Dominos (Bring \$.50 to play) (L)</p>	<p><b>16</b> 10:00 -Coffee Social (L) 1:00 -Bingo for Bucks (AC) 1:00 -Rap Poker (L)  <b>3:30 -Catholic Mass at St. Bruno</b></p>

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