

DINING ROOM ONE:
 Breakfast: 7:30 AM - 9:30 AM
 Lunch: 11:30 AM - 1:30 PM
 Dinner: 4:30 PM - 6:30 PM

DINING ROOM TWO:
 Breakfast: 8:30 AM - 9:30 AM
 Lunch: 11:30 AM - 1:30 PM
 Dinner: 4:30 PM - 6:00 PM






















































































DINING ROOM THREE:
 Breakfast: 7:30 AM - 9:30 AM
 Lunch: 12:00 PM - 1:30 PM
 Dinner: 4:30 PM - 6:00 PM

 Heart Healthy Choice-
 Gluten Free Choice-
 Low Sodium Choice-

Always Available Beverages:

Coffee | Hot Tea | 2% Milk | Assorted Juices

4 COMPASS POINT MENU

Monday 2/11/19	Tuesday 2/12/19	Wednesday 2/13/19	Thursday 2/14/19	Friday 2/15/19	Saturday 2/16/19	Sunday 2/17/19
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
 Sausage Link Raisin Bagel   Choice of Egg   Fruit Cup	Waffles  Bacon   Choice of Egg   Chilled Peaches	Blueberry Scone  Bacon   Choice of Egg   Fresh Banana	Banana Bread  Sausage Link   Choice of Egg   Chilled Fruit Cocktail	Cranberry Bread  Breakfast Ham   Choice of Egg   Mandarin Oranges	Danish  Bacon   Choice of Egg   Pears	Pancakes  Sausage Link   Choice of Egg   Chilled Peaches
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Spatzel --- Entrées --- Shrimp Salad Sandwich or Chicken Cordon Bleu --- Sides ---   Asparagus   Wild Rice Blend	 Cream of Asparagus --- Entrées --- Grilled Chicken Breast on Kaiser or Salisbury Steak --- Sides --- Onion Rings  Garlic Herb Potatoes   Glazed Baby Carrots	 Potato Leek --- Entrées --- BBQ Rib Patty or Grilled Chicken Caesar Salad --- Sides ---   Southern Slaw Bread Stick   Chef Blend Vegetables	Chicken Noodle --- Entrées ---  Roast Turkey w/ Gravy or Rubeen Sandwich --- Sides ---  Green Bean Almondine  Mashed Potatoes  Cranberry Sauce	 Seafood Chowder --- Entrées ---  Grilled Flank Steak or Fish Fry --- Sides ---  Apple Sauce & Coleslaw  Potato Pancake   Grilled Vegetables	 Beef Vegetable --- Entrées --- Roasted Glazed Pork Loin or  Corned Beef --- Sides ---  Buttered Cabbage  Roasted Red Potatoes	 Stuffed Pepper --- Entrées ---  Glazed Ham or  Tarragon Chicken --- Sides --- Cheesy Mashed Potatoes  Fresh Broccoli
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Spatzel or Three Bean Salad --- Entrées ---  Harvest Salad or Country Fried Steak --- Sides ---  Spaghetti Squash  Sweet Potato Puree --- Dessert ---  Vanilla Pudding	Cream of Asparagus or House Salad --- Entrées ---  Vegetable Blend Quiche or  Lemon Roasted Chicken Quarter --- Sides ---  Wild Rice  Chef Vegetables Muffin --- Dessert --- Pumpkin pie	Potato Leek Soup or Veggies & Dip --- Entrées --- Teriyaki Chicken Stir Fry or  Tilapia with Mango Salsa --- Sides --- Herb Basmati Rice  Chef Blend Vegetables --- Dessert --- Pecan Pie	Chicken Noodle or Fruited Jell-O Salad --- Entrées --- Swedish Meatballs or  Cranberry Sage Chicken Breast --- Sides ---  Bacon Brussel Sprouts  Sweet Potato Yams Egg Noodles --- Dessert --- Chocolate Covered Strawberries	Seafood Chowder or Marinated Tomato Salad --- Entrées --- Shepards Pie or  Orange Fish --- Sides --- Parmesan Yukon  Chef Blend Vegetables --- Dessert --- Ice Cream Sandwich	Beef Vegetable Soup or Jell-O Salad --- Entrées --- Irish Pork Stew or Club Sandwich --- Sides ---  Potato Salad  Grapes Homemade Biscuit --- Dessert --- Pistachio Pie	Stuffed Pepper Soup or Beet & Onion Salad --- Entrées --- Seafood Cakes or Philly --- Sides --- French Fries  Rice Pilaf  Asparagus --- Dessert --- French Silk Pie