

**DINING ROOM ONE:**  
 Breakfast: 7:30 AM - 9:30 AM  
 Lunch: 11:30 AM - 1:30 PM  
 Dinner: 4:30 PM - 6:30 PM

**DINING ROOM TWO:**  
 Breakfast: 8:30 AM - 9:30 AM  
 Lunch: 11:30 AM - 1:30 PM  
 Dinner: 4:30 PM - 6:00 PM







































































































































**DINING ROOM THREE:**  
 Breakfast: 7:30 AM - 9:30 AM  
 Lunch: 12:00 PM - 1:30 PM  
 Dinner: 4:30 PM - 6:00 PM

 Heart Healthy Choice-  
 Gluten Free Choice-  
 Low Sodium Choice-

**Always Available Beverages:**

Coffee | Hot Tea | 2% Milk | Assorted Juices

**7 COMPASS POINT MENU**

Monday 1/7/19	Tuesday 1/8/19	Wednesday 1/9/19	Thursday 1/10/19	Friday 1/11/19	Saturday 1/12/19	Sunday 1/13/19
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Pancakes  Sausage Link   Choice of Egg   Fruit Cup  Bagel	Waffles  Bacon   Choice of Egg   Chilled Peaches	 Omelets Dining Room   Sausage Link   Choice of Egg   Tropical Fruit  Yogurt	 Omelets Dining Room   Sausage Link   Choice of Egg   Chilled Fruit Cocktail Danish	 Omelets Dining Room   Breakfast Ham   Choice of Egg   Mandrin Oranges Danish	French Toast  Bacon   Choice of Egg   Chilled Pears Danish	 English Muffin  Sausage Link   Choice of Egg   Chilled Manderine Oranges
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Chicken & Wild Rice Soup  --- Entrées --- Chili Dog or  BBQ Boneless Wings --- Sides ---   Corn on the Cob   Potato Wedges  Baked Beans --- Dessert --- Carrot Cake	Cream of Asparagus  --- Entrées --- Breaded Pork Cutlet or  Southwestern Salad   --- Sides ---  Apple Quinoa Blend   Baby Carrots Dinner Roll --- Dessert --- Dutch Apple Pie	  Tomato --- Entrées ---  Shells Florentine or Breaded Shrimp --- Sides --- Garlic Bread  French Fries   Broccoli --- Dessert --- Pistachio Torte	 Cheesy Cauliflower --- Entrées ---  Pot Roast or  Sweet & Sour Chicken --- Sides ---  Vegetable Fried Rice Egg Roll  Roasted Potatoes --- Dessert --- Frosted Banana Cake	Manhattan Clam Chowder  --- Entrées --- Fish Fry or Turkey Rueben --- Sides --- Potato Pancake & Coleslaw    Sweet Potato Fries   Carrots --- Dessert --- Chocolate Éclair Torte	 Chicken Tortilla --- Entrées --- Cheese Ravioli or  Irish Pork Stew  --- Sides ---  Chef Grilled Vegetable  Garlic Bread --- Dessert --- Blueberry Pie	Beef Minestrone --- Entrées --- Turkey w/ Stuffing or  Pulled Pork Sandwich --- Sides ---   Cranberry Sauce   Green Beans Mashed Potatoes w/ Gravy 
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
 Chicken & Wild Rice Soup or Pasta Salad --- Entrées --- Chicken Cordon Bleu or  California Tuna Melt --- Sides ---   Wild Rice Blend   Chef Vegetables Sliced Melon --- Dessert --- Turtle Brownies	Cream of Asparagus or Apple Salad  --- Entrées ---  Farmers Quiche or Southern Fried Chicken --- Sides ---  Mashed Potatoes w/ Gravy   Coleslaw  Corn Bread Muffin --- Dessert ---  Pineapple Cake Roll	  Tomato Soup or House Salad  --- Entrées ---  Caprese Sandwich or  Ribs w/ Kraut --- Sides ---  Mixed Berries   Baked Potato  Baked Beans --- Dessert --- Cookies	 Cheesy Cauliflower or Jell-O Salad  --- Entrées ---  Tuna Casserole or  Beef & Broccoli Stir Fry --- Sides --- Dinner Roll   Rice Pilaf --- Dessert --- Ice Cream Sundae	Spring Salad or Manhattan Clam Chowder  --- Entrées ---   Baked Cod or  Grilled Ham Steak --- Sides --- Cheesy Hashbrowns Potato Pancake   Asparagus --- Dessert --- Deluxe Chocolate Cake	 Chicken Tortilla Soup or Chopped Cauliflower Salad --- Entrées ---   Beef Brisket or Chicken Salad Sandwich --- Sides ---  Sliced Fruit   Italian Blend   Baked Yams --- Dessert --- Frosted Spice Cake	Minestrone Soup or Marshmallow Fluff  --- Entrées ---  London Broil w/ Roll or Liverwurst Sandwich --- Sides ---   Baked Potato   Fresh Steamed Broccoli Pasta Salad --- Dessert --- Strawberry Rhubarb Pie