









# Masonic Center for Health & Rehab (MCHR) 2019 January Activity Calendar



A Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:30 Exercise 10:15 Farkle Dice 2:00 Music w/ Todd Pridgeon	9:45 Resident Bell Choir 10:15 Music w/ Lisa 2:00 LCR DICE 3:30 Sensory Group 6:30 Dice Game in Rotunda	9:45 Protestant Service 10:30 Exercise 2:00 Manicures 3:00 Sheepshead Card Group 6:30 Card Game in Rotunda	9:30 Exercise 10:15 Refraze It 2:00 American History Jingo 3:30 Sensory Group	10:30 Worship Service & Communion
6	7	8	9	10	11	12
10:00 Exercise 2:00 Afternoon Program 3:30 Sensory Group Alyssa	9:30 Exercise 10:15 Shutbox 2:00 iN2L Crossword Puzzles 3:00 Sheepshead Card Club 3:00 Devotions w/ Pastor Terese	10:00 Salvation Army Sing-a-long 2:00 Snowman Name Decor 3:30 Sensory Group	9:30 Exercise 10:15 Country of the Month (iN2L) 2:00 Music w/ Stas Venglevski 3:15 Resident Council 3:00 Visits w/ Pastor Terese 6:30 Dice Game in Rotunda	9:30 Exercise 10:15 News/ Currents 2:00 Manicures 3:30 Sensory Group 6:30 Card Game in Rotunda	9:30 Exercise 10:15 Dice Bowling 2:00 Bingo (iN2L) 3:30 Sensory Group	10:30 Worship Service 1:30 Dice w/ Barb in the Rotunda 
13	14	15	16	17	18	19
10:00 Exercise 2:00 Afternoon Program 3:30 Sensory Group Alyssa	9:30 Exercise 10:15 Card Bingo 2:00 Snowball Toss 3:00 Sheepshead Card Club 3:00 Devotions w/ Pastor Terese	9:30 Exercise 10:15 Name 5 2:00 Snowflake Canvas Art 3:30 Sensory Group 	9:30 Exercise 9:30 Music Visits 10:15 Music w/ Lisa 2:00 Price is Right \$\$\$ 3:00 Visits w/ Pastor Terese 3:30 Sensory Group 6:30 Dice Game in Rotunda	9:30 Exercise 10:15 Food Committee 2:00 Manicures 3:30 Sensory Group 6:30 Card Game in Rotunda	9:30 Exercise 10:15 Wheel of Fortune 12:00 Resident Luncheon from Rosati's (must sign up) 2:00 Weather Jingo	10:30 Worship Service 
20	21	22	23	24	25	26
10:00 Exercise 2:00 Afternoon Program 3:30 Sensory Group Alyssa	10:00 Catholic Mass - In the BACK Dining Room 10:30 Exercise 2:15 Music by Randy Roeder (Rat Pack Show) 3:15 Sheepshead Card Club 3:15 Devotions w/ Pastor Terese	9:30 Exercise 10:15 State of the Month (iN2L) 2:00 Snowman Art 3:30 Sensory Group	9:30 Exercise 2:00 Word Games on (iN2L) 3:00 Visits w/ Pastor Terese 3:30 Sensory Group 6:30 Dice Game in Rotunda	9:30 Exercise 10:15 News/ Currents 2:00 Manicures 3:30 Sensory Group 6:30 Card Game in Rotunda	9:30 Exercise 10:15 Cooking Trivia 2:00 Bingo (iN2L) 3:30 Sensory Group	10:30 Worship Service 1:30 Dice w/ Barb in the Rotunda 
27	28	29	30	31	<i>Please Note! All luncheons and outings on the Activity Calendar are ONLY for residents. Flyers or other notifications will be sent out for events that include family members. Also an FYI: There will be no bus rides/outings in January or February due to the cold and unpredictable weather. Bus rides/outings will resume in March. Please contact the Rec. Services Dept. with ??? 965-7233. Thank You.</i> Brr...It's Cold Outside! 	
10:00 Exercise 2:00 Afternoon Program 3:30 Sensory Group Alyssa	9:30 Exercise 10:15 Zoot Suit 2:00 Bowling 3:00 Sheepshead Card Club 3:00 Devotions w/ Pastor Terese	9:30 Exercise 10:15 Name 5 2:00 Bob Hope Holiday Show 3:30 Sensory Group	9:30 Exercise 10:15 A-Z 2:00 Jack pot 3:00 Visits w/ Pastor Terese 3:30 Sensory Group 6:30 Dice Game in Rotunda	9:30 Exercise 10:15 News/ Currents 2:00 Manicures 3:30 Sensory Group 6:30 Card Game in Rotunda		

All Activities Are Subject to Change!!



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