

DINING ROOM ONE:
 Breakfast: 7:30 AM - 9:30 AM
 Lunch: 11:30 AM - 1:30 PM
 Dinner: 4:30 PM - 6:30 PM






































































































































































DINING ROOM TWO:
 Breakfast: 8:30 AM - 9:30 AM
 Lunch: 11:30 AM - 1:30 PM
 Dinner: 4:30 PM - 6:00 PM

DINING ROOM THREE:
 Breakfast: 7:30 AM - 9:30 AM
 Lunch: 12:00 PM - 1:30 PM
 Dinner: 4:30 PM - 6:00 PM

 Heart Healthy Choice-
 Gluten Free Choice-
 Low Sodium Choice-

Always Available Beverages:
 Coffee | Hot Tea | 2% Milk | Assorted Juices

2 COMPASS POINT MENU

Monday 3/25/19	Tuesday 3/26/19	Wednesday 3/27/19	Thursday 3/28/19	Friday 3/29/19	Saturday 3/30/19	Sunday 3/31/19
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
 Spinach & Feta Egg Bake   Sausage Link   Choice of Egg    Fruit Cup  Bagel	Waffles  Bacon   Choice of Egg    Chilled Peaches 	 Omelets to Order CP    Bacon   Choice of Egg    Tropical Fruit 	 Omelets to Order CP    Sausage Link   Choice of Egg    Chilled Fruit Cocktail  English Muffin	 Omelets to Order CP    Breakfast Ham   Choice of Egg    Mandarin Oranges 	French Toast   Bacon   Choice of Egg   Pears  Cinnamon Roll 	Pancakes   Sausage Link   Choice of Egg    Mandarin Oranges  Coffee Cake 
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
 Chili --- Entrées --- Chicken Stroganoff or Grilled Steak w/ Mushrooms & Onions  --- Sides ---   Chef Blend Vegetables  Egg Noodles  Baked Potato  --- Dessert --- Strawberry Whipped Pie 	 Greek Chicken Soup   --- Entrées --- Spaghetti & Meatballs or Tuna Melt --- Sides ---   Green Beans  Cheesy Garlic Bread	Cream of Mushroom Soup  --- Entrées --- Turkey Rueben or Havarti & Fresh Thyme Quiche --- Sides --- Craisin Muffin   Chef Blend Vegetables 	  Tomato Soup --- Entrées --- Rib Patty  or Grilled Hot Dog --- Sides ---   Blend Vegetables  Potato Salad French Fry  --- Dessert --- Peach Cobbler 	 Manhattan Chowder --- Entrées --- Turkey Burger on a Bun  or Hand Battered Catfish --- Sides --- Buttered Peas   Rosemary Fries --- Dessert --- Mocha Chocolate Cake 	  Chunky Vegetable   Cumin Black Bean --- Entrées --- Pastrami Swiss on Rye or Italian Sausage Marinara  --- Sides ---   Coleslaw Garlic Bread French Fries --- Dessert --- Blondie Bar 	  Cumin Black Bean --- Entrées --- Sliced Beef w/ Roll or Brat on a Bun w/ Onion --- Sides --- Scalloped Potatoes  Rutabaga  --- Dessert --- Orange Cake 
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
 Chili or Broccoli Slaw --- Entrées --- Open Faced Beef or Veggie Patty  w/ Roll or Crispy Hawaiian Chicken --- Sides ---  Onion Rings    Vegetable Blend    Fruit Salad  --- Dessert --- Peanut Butter Brownie 	 Fruit or Greek Chicken Soup  --- Entrées --- Baked Herb & Garlic Chicken  or Bacon Wrapped Pork Loin  --- Sides ---  Cheesy Mashed Potatoes   Buttered Roasted Beets 	 Cream of Mushroom Soup or Garden Salad   --- Entrées --- Chicken Alfredo Lasagna or  Salmon  --- Sides --- Orzo Pesto Pasta   Glazed Carrots Garlic Bread --- Dessert --- Lemon Meringue Pie 	 Italian Pasta Salad or Tomato Soup   --- Entrées --- American Meatloaf or 3 Pillars Grilled Cheese  --- Sides ---   Maple Butternut Squash Potato Chips  Mashed Potatoes & Gravy  --- Dessert --- Apple Turnover 	 Spinach Salad or Manhattan Chowder  --- Entrées --- Stuffed Pepper or Perch Fry --- Sides ---   Coleslaw Tator Tots Dinner Roll  --- Dessert --- Cupcake 	 Walnut & Pear Salad or Chunky Vegetable   --- Entrées --- BLT or Beef Nachos --- Sides ---   Pico de Gallo   Spanish Rice Onion Rings --- Dessert --- Strawberry Angel Food Cake 	 Tomato Cucumber Salad or Cumin Black Soup   --- Entrées ---  Roasted Chicken or Hot Ham on a Bun --- Sides ---   Baked Sweet Potato Snap Peas w/ Shallots   --- Dessert --- Rice Crispy Bar 