

**DINING ROOM ONE:**  
 Breakfast: 7:30 AM - 9:30 AM  
 Lunch: 11:30 AM - 1:30 PM  
 Dinner: 4:30 PM - 6:30 PM

**DINING ROOM TWO:**  
 Breakfast: Closed  
 Lunch: 11:30 AM - 1:30 PM  
 Dinner: 4:30 PM - 6:00 PM

**DINING ROOM THREE:**  
 Breakfast: 7:30 AM - 9:30 AM  
 Lunch: 12:00 PM - 1:30 PM  
 Dinner: 4:30 PM - 6:00 PM

 Heart Healthy Choice-



























































































 Gluten Free Choice-

 Low Sodium Choice-

**Always Available Beverages:**

Coffee | Hot Tea | 2% Milk | Assorted Juices

**5 COMPASS POINT MENU**

Monday 6/10/19	Tuesday 6/11/19	Wednesday 6/12/19	Thursday 6/13/19	Friday 6/14/19	Saturday 6/15/19	Sunday 6/16/19
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Hot or cold cereal  Sausage Link   Choice of Egg   Fruit Cup Hash Browns	Hot or cold cereal  Bacon   Choice of Egg   Chilled Peaches Waffles	Hot or cold cereal  Sausage Link   Choice of Egg   Tropical Fruit Pancakes	Hot or cold cereal  Bacon   Choice of Egg/ Scrambled   Chilled Fruit Cocktail Donuts	Hot or cold cereal  Breakfast Ham   Choice of Egg   Mandrin Oranges Toast	Hot or cold cereal  Bacon   Choice of Egg   Apple Sauce Assorted Mini Danish	Hot or cold cereal  Sausage Link   Choice of Egg   Manderin Oranges Denver Scrambled
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
 Split Pea --- Entrées --- Open Faced Turkey Sandwich or  Sesame Pork --- Sides ---   Basmati Rice   Garlic Green Beans --- Dessert ---  Lemon Poppy Seed Cake	Creamy Tarragon Chicken --- Entrées --- Chicken Alfredo or BBQ Beef Brisket Sandwich --- Sides ---  Corn on Cob   Coleslaw   Italian Vegetables --- Dessert --- Chocolate Cream Puff	Smoked Pork and Bean --- Entrées --- Fried Chicken or  Sliced Beef --- Sides ---  Loaded mashed potato Buttered Peas & Carrots --- Dessert --- Baked Carmel Apple	French Onion --- Entrées ---  Beef Broccoli Stir Fry or  Whitefish w/ Herb Butter --- Sides ---  Herb Rice  Grilled Vegetables --- Dessert ---  Apple Crisp	Lobster Bisque --- Entrées ---   Lemon Pepper Cod or Chicken & Dumpling --- Sides ---  Brown Sugar Roasted Carrots  Buttered Red Potatoes --- Dessert --- Marble Cake	Minestrone --- Entrées --- Meat Lasagna or Chicken Kiev --- Sides ---  Wild Rice Blend  Cauliflower & Red Peppers Garlic Bread --- Dessert ---  Pudding Parfait	Chicken Artichoke Florentine --- Entrées ---  Roasted Pork or Sliced Ham --- Sides ---  Mashed Potatoes  Asparagus --- Dessert --- Blonde Brownie
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
 Split Pea or Jell-O Salad --- Entrées ---  Liver & Onions or  Spinach & Artichoke Cavatappi --- Sides ---  Parsely Potatoes  Roasted Beets --- Dessert ---  Pears with Cinnamon Sauce	Creamy Tarragon Chicken or BLT Pasta Salad --- Entrées ---   Baked Salmon or   Steak Salad --- Sides ---  Baked Potatoes  Broccoli --- Dessert --- Brownie	Smoked Pork and Bean or Ambrosia Salad --- Entrées --- Roasted Pork Biscuit or Spaghetti & Meatballs --- Sides --- Garlic Toast  Parsnips --- Dessert --- Candy Bar Bars	French Onion or Ceasar Salad --- Entrées ---   Lemon Baked Chicken or Chili Mac --- Sides ---  Buttered Potatoes  Cauliflower --- Dessert --- Coconut Cream Pie	Lobster Bisque or Garden Salad --- Entrées --- Turkey Cuban Sandwich or Breaded Walleye --- Sides ---  Onion Rings  California Blend   Cous Cous Pilaf --- Dessert ---  Cherry Pie	Minestrone or Caesar Salad --- Entrées ---  Baked Chicken Thigh or Bacon Wrapped Meatloaf --- Sides ---  Baked Potatoes  Green Beans --- Dessert --- Hello Dolly Bars	Chicken Florentine or Red Beet Salad --- Entrées --- Beef tips with Mushrooms or Tuna Noodle Casserole --- Sides --- Egg noodles  Chefs blend Vegetables --- Dessert --- Carrot Cake