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FOR IMMEDIATE RELEASE

Three Pillars Senior Living Communities Staff and Residents Pair Up for Buddy Walk

62 hit the campus walking paths for an Alzheimer's awareness stroll



Residents Judith Glesner and JoAnn Wood pause for a sip of cider and a photo-op with Lifestyles Specialist Kim Leppin.

Dousman, WI. September 19, 2017 –

Togetherness, fresh air, and Alzheimer's awareness were the themes of the day for the Fall Campus Buddy Walk at Three Pillars. In honor of Alzheimer's Awareness Month, staff wore purple and paired up with a resident buddy to take them on a walk through the scenic campus. Residents from the Masonic Health Care Center and Riverside Lodge Memory Care filled their lungs with fresh air as they took in their natural surroundings and got to know a staff member better.

To add to the special day, members of Three Pillars' resident *Crafts for a Cause* group provided handmade purple flower favors to each buddy pair. Along the walking path, intriguing conversation-starting prompts made for fun dialogue, and a refreshing cider stand plus photo-op stop completed the event.

Whether on foot, wheelchair, scooter, or walker, all who participated shared in fostering wellness and fellowship.

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Nurse Practitioner Mary Taggett shares a smile with her walking buddy, Three Pillars resident Harumi Hirata, as furry friend Mater steals a hug.



Three Pillars resident Gordy Spert enjoys the fresh air during his walk with Maintenance Mechanic Greg Bartelt.

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For more information about this story or Three Pillars Senior Living Communities, please contact Kelsey Pangborn, Communication Strategist at 262.965.7333 or kpangborn@threepillars.org.