

# QUESTIONS TO ASK WHEN RESEARCHING A SENIOR LIVING COMMUNITY -CHECKLIST-

Community Name: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Date of Contact: \_\_\_\_\_

## CARE:

**What different types of living options do you provide?**

Are there different levels of care? Are there various apartment styles within those care levels? What if my needs change over the years?

**What criteria must be met for move-in and move-out?**

Are there age-related or clinical criteria for moving in? Criteria for when needs can no longer be met at this level of care? Can this community accommodate X,Y,Z special clinical or personal needs?

**What type of credentials do staff members have?**

Who works in apartment buildings? Nurses, caregivers, specialists, chaplains, social workers?

## **COST:**

### **❑ What does it cost to live here?**

Cost tiers or options? Packages? Costs for higher levels of care? Financial requirements? Entrance fee? Refunds? Average annual increase?

### **❑ What's included with the cost of rent?**

Utilities? Parking? Cable? Meals? Activities? Transportation? Housekeeping? What type of 'extras' may I see an upcharge for? Water view? Apartment customization? Extra person fee?

## **AMENITIES:**

### **❑ What social and recreational offerings are provided?**

Calendar of activities? Professional staff who plan and lead? Opportunities to volunteer, lead, or propose new offerings?

### **❑ What type of safety and security features are offered?**

Front entrance security? Doors locked? Surveillance? Staff member in charge of safety and security? Building accessibility? Grab bars in apartment and common areas? Emergency call system?

**❑ What's available to me for parking and transportation services?**

Garages, surface lot, or street parking for my vehicle? For visitors? Transportation to appointments or recreational outings? Storage for extra vehicle, boat, trailer, etc? Costs?

**❑ Are there Concierge or other personal assistance services available?**

Someone available 7 days per week? Type of requests I can receive assistance with?

**❑ What are my dining options?**

Restaurants, cafes, convenience shops? Spending requirements? Sample menu and meal? May I cook most meals on my own?

**❑ Is this a pet-friendly community?**

May I have a pet(s)? May pets visit? Requirements? Fees?

**❑ What other features and amenities are provided?**

Fitness center, computers or tablets, library, gift shop, outdoor spaces, private dining rooms, classes, guest lodging options?

## OVERALL IMPRESSION / NEXT STEPS:

As you dive into researching different senior living communities, trust your instincts. Does the community seem to offer options that fit with your lifestyle, support it, and enhance it? Do you feel the community offers top-of-the line services and quality of life for a fair value? Lastly, does it feel like all these things are brought to you by people you can trust? Don't compromise on these things; this is all about you. Best of luck on your search for a senior living community, and if we can ever be a resource for you, don't hesitate to contact Three Pillars Senior Living Communities: **[info@threepillars.org](mailto:info@threepillars.org) / 800.848.5306 / [www.threepillars.org](http://www.threepillars.org)**